



Rose Ariadne's 7 Day Magick Mini Course - Day #4:

“Let's Cast Our First Spell Together!”

Visit Rose Ariadne At Her Two Internet “Homes”:

[Rose Ariadne's Blog](http://www.rose-ariadne.com)
<http://www.rose-ariadne.com>

[Mastering The Magick Of Witchcraft](http://www.masteringmagickwitchcraft.com)
<http://www.masteringmagickwitchcraft.com>

Dear Friend,

I am so glad you are still with me, and have completed the first 3 days of the course! You've really made a lot of progress by first increasing your belief in Day 1, setting up your Internal Sacred Space in Day 2, and setting up your External Sacred Space (including your Altar and Magick Circle) in Day 3... *I am so proud of you!* (of course if you are already experienced, it's not quite as impressive, but I applaud you for staying with me even though you've done some of this before)

Before I go on, if you want to download this lesson so you can send it to your friends, just [click here](#). (make sure you are online first)

You are well on your way to having Magick be a constant part of your life - it's a wonderful, beautiful world where **ANYTHING** is possible, and you can bring a flood of miracles into your life any time you need them..

Now it's Day 4 of this mini course and *it is time to cast your first spell...* (why wait, let's jump right in!)

It's a very basic spell, but very important. The first spell you should ever cast should be a spell for protection. There are a few reasons for this, but most importantly - **protection spells are SAFE** - and they don't effect anyone else (usually).

So there is absolutely no pressure on you when you cast the spell - *you are casting it to protect yourself from all harm* - and it is an important way to start off your journey into the Magick of spell casting...

If you are already experienced, I'd still like you to follow along and do this spell. I want you to feel the difference in your Magick that Days 1-3 will give you...





Ok, here we go...*just follow these steps...*

- 1.** Set up your External Sacred Space. This includes the following: make sure the area around your altar is clear of clutter, set up your altar as you did in Day 3 (and add in any additional items that make you feel "safe").
- 2.** Now, follow the same steps that were given to you in Day 3 to cast your Magick Circle of protection...remember, use your pointed finger (or athame or wand) and walk the circle 3 times, doing your changes for the guardians and your God and Goddess...
- 3.** Once your External Sacred Space and Magick Circle are ready, it is time to sit at your altar and do the "Protective Chant Spell Of Protection" starting in step 4...
- 4.** Light your God and Goddess candles
- 5.** Sitting at your altar, close your eyes and begin to visualize a "triple" circle of purplish light all around your body. In this visualization, you want to "see" 3 egg shapes of purplish light surrounding your body...one of them should be smaller, and closer...the second should be a little bigger (this is your second level of protection), and the third one should be bigger, and is the outer rim of protection.

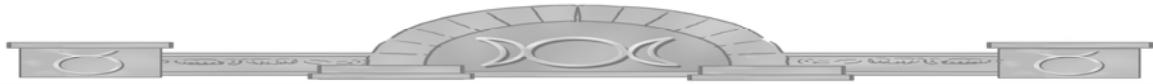
Visualize them in detail - *see how the purple light shimmers* - FEEL the protection they offer...

- 6.** As you are visualizing, I want you to imagine all negative energy bouncing off of the purple light...see this negative energy as black wisps (almost like smoke) coming toward you and being deflected by the 3 layers of purplish light surrounding you. The visualization should be crystal clear, and you should feel safe...
- 7.** Now open your eyes, and continue the visualization...you should be able to "see" the same 3 purplish eggs of light surrounding you. Feel the protection they offer.
- 8.** Next, I want you to chant...

***"I am protected by your might,
O gracious Goddess, day and night"***

- 9.** Now, point your finger to the sky and circle it around your head (above your head) 3 times while saying...





***"Thrice around the circle bound
Evil sink into the ground"***

10. Good job! You have just completed your first protection spell! During the visualizations and chants you have brought your Magick energy to the surface, and "charged" it with protective elements. The more emotion, and the better you visualizations - *the more protection you are going to have.*

You can rest easy, because if you've completed the spell with your full attention and focus, you will be protect from bad luck and harm...you'll want to do this spell periodically to recharge the protections around you.

You are making some great progress, and I expect you to take the lesson in Day 5 especially well. You'll learn a secret truth about casting Magick spells that is a **MUST** at the end of every spell. It will almost insure it's success...

Keep your eyes peeled for the Day 5 lesson tomorrow... and I'll tell you a secret for "releasing a spell" – and it's the single biggest reason why spells work – or fail...

Love and Light,

Rose

P.S. I'd love to hear how this worked for you, please let me know here...

<http://www.rose-ariadne.com/tell-rose-ariadne-your-story/>

And make sure to visit the blog periodically to check my new posts:

<http://www.rose-ariadne.com>

Oh, and check out my life's work here...

<http://www.masteringmagickwitchcraft.com>

P.P.S. If you have a friend or family member that could benefit from these lessons, please send the lessons to them. You can either email the lessons to them, or just tell them to visit my blog and other sites by using this special webpage:

<http://www.rose-ariadne.com/tell/tell.cgi>

